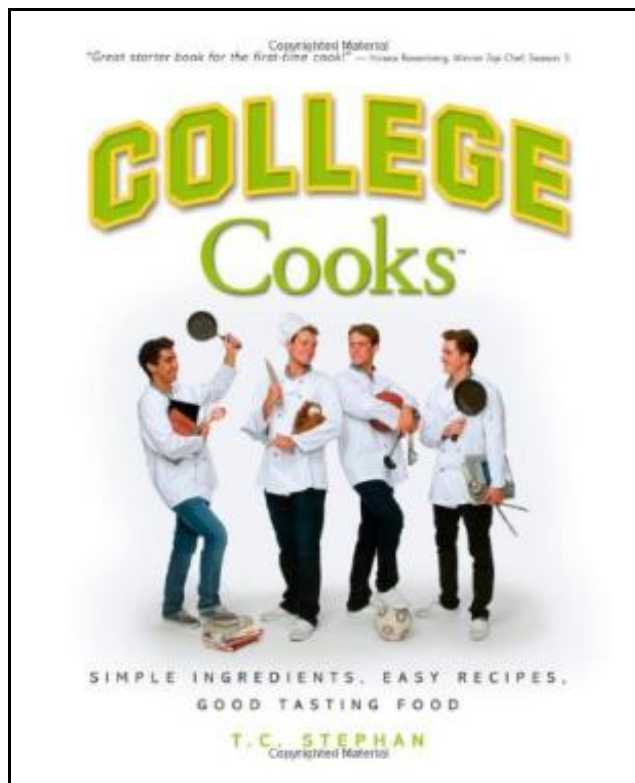


College Cooks



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COLLEGE COOKS

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Cool Eatz Pub. Paperback. Book Condition: New. Paperback. 184 pages. Dimensions: 9.2in. x 7.5in. x 0.4in. This cookbook was beautifully produced and light-heartedly written. It explains how six college cooksroommates have been able to shop, prep and cook for themselves while at school. The book includes over 85 recipes as well as info on food safety storage, setting up a kitchen, what to include on your shopping list, etc. Recipes are simple and delicious, but not plain. They are easy to make, but advanced enough to make cooking and serving them fun--and eating them a treat. There's everything from breakfast ideas, to sandwiches, to side dishes and salads, to soups to main entrees (including Pastas, Roasts, and Burgers), to dessert. There are also salad dressings, sauces, dips and spreads. You'll find recipes for Breakfast Burritos, Blueberry and Banana Pancakes, Smoothies, Grilled Cheese Sandwiches, Tailgate Sausage Sandwiches, Caesar Salad, Chinese Chicken Salad, Creamy Tomato Basil Soup, Game Day Chili, Vegetarian Lasagna, Spicy Shrimp Pasta with Tomatoes and Garlic, Asian Stir-Fry Bowl, Tilapia Grill, Southwestern Steak Tacos, Ahi Sliders, Korean Pork Tenderloin, Oatmeal Chocolate Chip Cookies, Ice Cream Pie, Apple Betty, and more. Included are 10 ideas for ways to use a roasted chicken (Chicken Fajitas, Asian-Inspired Chicken Lettuce Wraps, Grilled Chicken Panini, etc.). Symbols let you know which recipes are the most simple to make, budget friendly, or healthy, which ones are vegetarian, and which are good as leftovers. The book also includes some sample menus to inspire your own creativity. Hosea Rosenberg, winner of Top Chef, Season 5, calls it a: Great starter book for the first-time cook! And even if you're out of school or know how to cook, you'll find recipes you'll like here. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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