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## Its Okay to Yell at God. And Other Life Changing Discoveries Made on My Journey of Grief

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By Eric Miller

Five Arrow Books. Paperback. Book Condition: New. Paperback. 202 pages. Dimensions: 7.9in. x 5.2in. x 0.6in. After the death of a loved one. . . . . how do you laugh again . . . how do you love again . . . how do you live life again . . . how do you navigate the journey of grief . . . how do you reclaim the dreams you once had Before the death of a loved one. . . . . how do you prepare . . . how do you help others going through grief You start by picking up this book. Why Am I an expert in all things grief and grieving Hardly - far from it. Sure, Im a Bachelors Degree prepared nurse practicing in pediatric oncology - caring for cancer kids - who has had the privilege of helping more than one family through the grieving process. But more than that, I am a father who held his young son as he took his last breath. Little did I know that that last breath would usher in my first step on my personal journey of grief, a journey that continues today. Perhaps you...



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