



## Its Okay to Yell at God. And Other Life Changing Discoveries Made on My Journey of Grief

By Eric Miller

Five Arrow Books. Paperback. Book Condition: New. Paperback. 202 pages. Dimensions: 7.9in. x 5.2in. x 0.6in. After the death of a loved one. .... how do you laugh again ... how do you love again ... how do you live life again ... how do you navigate the journey of grief ... how do you reclaim the dreams you once had Before the death of a loved one. .... . how do you prepare ... how do you help others going through grief You start by picking up this book. Why Am I an expert in all things grief and grieving Hardly - far from it. Sure, Im a Bachelors Degree prepared nurse practicing in pediatric oncology - caring for cancer kids - who has had the privilege of helping more than one family through the grieving process. But more than that, I am a father who held his young son as he took his last breath. Little did I know that that last breath would usher in my first step on my personal journey of grief, a journey that continues today. Perhaps you...

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