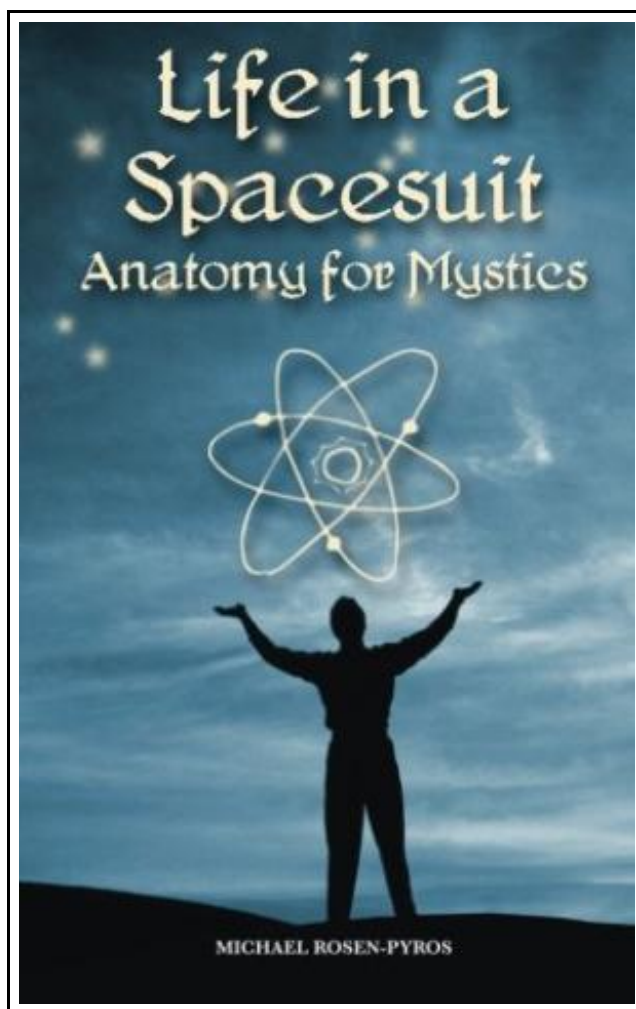


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Red Fire Publications, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Life in a Spacesuit presents a holistic view of the human body as a container of multiple universes, all interacting, and interpenetrating - a context that unites the premises of quantum physics and Qabala, and honors the sacred traditions of mysticism and science. The visionary work of Lewis Thomas, James Lovelock, Wilhelm Reich, and Fred Alan Wolf brought the body, and the Universe in which it lives to new dimensions of understanding. Using the image of an astronaut's spacesuit as a container, the early chapters begin with a description of the microcosmic realm of atoms and energy exchange, the smallest, measureable level of magnification contained within our spacesuit. The atomic level expands into a realm of cooperative beings called cells - or as I like to think of them, cell people: once-unicellular beings who expanded into a cooperative realm of organs and systems. Middle chapters describe our spacesuit's interactions with the planet. Our body's skin is a barrier from the outer world, whose atmosphere is itself a container of Life - replete with its blessings and curses. Yet we breathe in the out-breath of the plants, while we breathe out to feed the plants and return the blessings. We interact with the earth as it does with us. From the empirical worlds, the later chapters enter the realm of subtle energies and spirit, being reminded of the spiritual imperatives that accompany us on this planet. The writings of Paramahansa Yogananda proposed the complementarity of mysticism and science, and as an advocate of Yoga, viewed the body as a vehicle to know these subtle, spiritual realms through the energy and meditation methods offered by...



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